



Reflection and Extension

Pull out your journals and use the following prompts to get your learners reflecting on their outing. This is also a good opportunity to revisit your classroom visual (seasonal wheel or tree) and the predictions that were made.

Cards for Thinking

Inspired by Juliet Robertson

Make a set of thinking cards to pass out or to ask your learners after your outdoor session. Here are some ideas for thought cards:

- If love were an animal or plant, which would it be?
- How do you think your tree feels when it loses its leaves?
- How big is the sky?
- How do you know what season it is by what you hear? See? Smell? Touch?
- What would it be like to live outside all the time?
- If you could be one animal, what would it be?
- If you could be one plant, what would it be?
- How would it feel to never go outside? What would you miss the most?
- How do things change as they get older? Will you change as you get older?

Sharing Stick

Introduce a special “sharing” prop. This could be a stick or cone or other nature item. Let students know that when they have the talking prop in their hands, it is their turn to share. Passing the prop around the circle, ask students to share one thing that they are thankful for.

Gratitude Circle

Adapted from Coyote’s Guide to Connecting with Nature

Sing a Gratitude song. Every student can say what they are grateful for and take turns inserting it into the song:

“Thank you for the _____. Thank you for the _____.”

Wherever you are from, we’re glad that you have come.

Thank you for the_____.”



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