

Nature Walks- Wildsight Creston Valley

To keep you safe while enjoying outdoor programs, we have developed the following safety protocols.

Participants must register, sign a waiver and check that they have read and agree to the following:

- Stay home if you or your children have symptoms of COVID-19 in the last 10 days. Symptoms include fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or headache.
- Stay home if you have been directed by Public Health to self-isolate.
- Stay home if you have arrived from outside of Canada or you have had contact with a confirmed COVID-19 case.
- Maintain 2 m distance between yourself and other participants (outside your family)

COVID Risks

- Gathering too closely during:
 - Start of walk/parking lot
 - Stops on trail
 - Passing/meeting other walkers on trail
- Touching Supplies/Materials
 - Examples of supplies: interpretive material, gear

Protocols to Reduce Risks

- Registration will be limited to 20 people.
- Trip leader will do an introduction at the beginning of the walk around COVID and outdoor safety.
- Trip leader will lead the walk and stop for rests in areas that a better able to maintain distance between participants.
- Hand Sanitizer will be available for participants to use
- Spray bottle with bleach solution to clean off supplies that participants use.
- Participants should use hand sanitizer before and after using any supplies and eating.
- Trip Leader will cancel the outdoor programming if feeling unwell with symptoms of a cold, flu or COVID-19, with any coughing or sneezing
- We will monitor and update protocols to follow all Public Health Orders (PHO).