

Sensory Wake Up

Use this **script** to help your students tune in and wake up their senses.

Shapes Walk

Ask your learners what shapes they might find in nature, then head out for a walk trying to find all of these shapes.

- Which shapes were easy to find?
- Which were more challenging? Why?

Have learners group the different shapes into categories. Which shape did they find the most of?

Nature's Orchestra

Ask students to find a natural object to make a sound (two sticks, two rocks, ect). Once they find their instrument, ask them to walk around playing it and listening to others, then gather in a circle in their instrument families (i.e. the stones, the sticks, etc.), and, acting as a conductor, guide them through a musical nature performance.

Spring Scavenger Hunt

Use this **Spring Scavenger Hunt** to help students see, smell and hear the spring season.

Hiding Places Walk

Walk along a trail in nearby nature and ask students if they can see any good places for them to hide. What about the best hiding places for a squirrel? Or a mouse? Or a ladybug? What makes these places good hiding spots?

Rooted Walk

Have students draw their special tree and draw the roots. They are the tree and the roots are the special people and beings in their life. Have them draw/write below each root the name and gift that being gives them. For example: "Dad builds forts with me," or "my dog Fluffy knows when I am sad and wants to cuddle," or "Grandma makes cookies."



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