

Sit spots

Use the following prompts and ideas to help your students settle into their spring sit spots.

I Notice, I Wonder, It Reminds Me Of

Using the prompts *I Notice, I Wonder, It Reminds Me Of*, have students sit in their special spot and record their observations.

Some examples might be:

- I notice a bird call. I wonder what bird is making that call? The call reminds me of the sound of a teapot.
- I notice a leaf. I wonder what tree it came from? The leaf edge reminds me of shark teeth!

Magic Spot

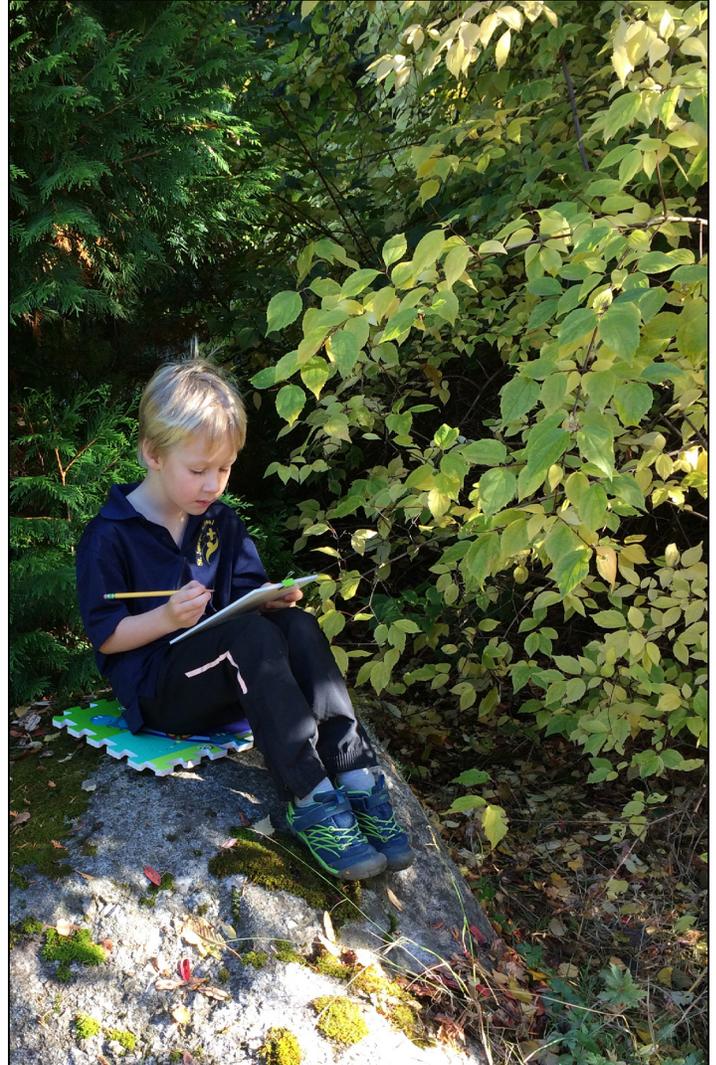
Begin by asking students to examine the palms of their hands. What kind of patterns do they see? Ask them to look closely at the palm lines, knuckle lines and other features. Challenge them to find a spot in nature that has patterns similar to those on their hands (a root pattern, branches in a tree, sticks on the ground). Have students sit in this magic spot and write or draw about the patterns. After their sit spots, have students share their magic spot and the patterns they found.

Cloud Watching

Encourage students to lie on their backs and become cloud watchers. Do they see any patterns in the clouds? Images? What can clouds tell us about the weather?

Nature's Dance

Have students sit or lie down on their backs and look up, down, and all around. Can they see or feel leaves dancing? Pollen floating? Wind moving?



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