



wildsight  
EDUCATION

# Tuning in

Use the following activities to tune into the natural world around you.



Materials needed: See each individual activity below



Grades K-3



15-60 minutes, depending on activity

## Goodbye Winter, Hello Spring!



Materials: Notebook or sketching pad, camera



Time: 20 minutes indoors/ 30-60 minutes outdoors/15-30 minutes for reflection

- **Read** a book about signs of spring such as **Goodbye Winter, Hello Spring** by Kenard Pak or **listen to a telling of the story online**.
- **Wonder** along with your child what is going on in nature right now.
  - I wonder what is budding now?
  - Where is all the snow going?
  - How many birdsongs can we hear?
  - What flowers are blooming?
- **Investigate:** look for answers to your wonders. Take a walk through the neighbourhood or in your backyard or look through your window, photographing various signs of spring.
  - Can you see branches with buds?
  - What colour is the grass?
  - Do you see anything else blooming?
- **Draw** something that interests you most in your nature journal.
- **Compare** different colours of green. How many do you see?
- **Stand** in one spot silently for 2 minutes. How many different bird songs can you hear?
- **Reflect & Share:** what did you observe? Did you answer any of the questions you had? How can you share this learning?
- **Extension Activity:** Create your own “Goodbye Winter, Hello Spring” book. What is happening in your own neighbourhood that shows that one season is giving way to another in the seasonal round of the year?
- Post your photos and drawings of spring on the **Wildsight Facebook Group**.



Photo by Michael Royle

## Nature Shapes

📄 Materials: Nature Journal or notepad

🕒 Time Required: 15 minutes

Go to your backyard or window and find a comfortable spot to observe. Can you find some different natural shapes in your backyard or in your neighborhood? These could be round, square or have many different edges. Draw all your items on a page with a label for what you call these shapes. Why do you think these items are the shape they are? Were they always that shape? What can cause natural things to change shape over time?



*Wildsight educator Kim Urbaniak loves using her homemade binoculars to get a closer look at the world around her.*

## Simple DIY Binnoculars

📄 Materials: Two toilet paper rolls (or one paper towel roll cut in half). Tape or glue. String or ribbon long enough to go over your head. Markers, crayons, coloured duct tape to decorate your snazzy bins

🕒 Time Required: 15 minutes

A fun way to help focus attention during a sit spot, while nature journaling, or any other nature observation moment, are these simple homemade binoculars.

Take your binoculars outside or point them out the window and see what you can see! =.

You might just be surprised at what you will notice with your very own pair of binoculars!

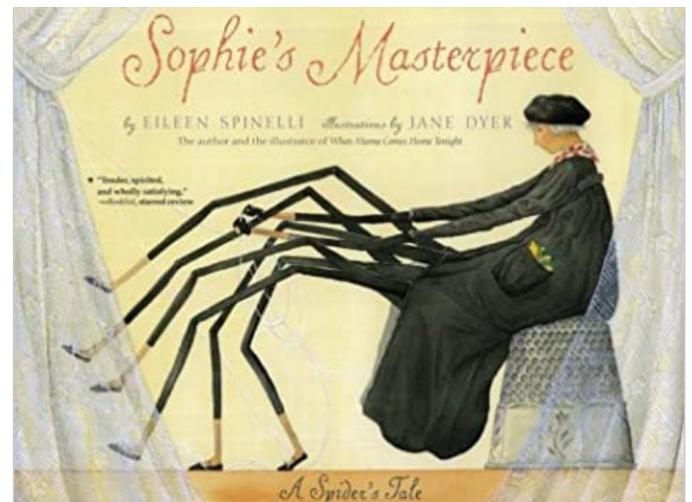
## Spider Web Search

📄 Materials: Access to online story

🕒 Time Required: 15 minutes

**Listen** to “Sophie’s Masterpiece” **online here**. This is a story about a spider and her beautiful woven creations.

**Go around** your house (or yard) and see if you can discover the magnificent weavings of spiders. Why do spiders weave webs?



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