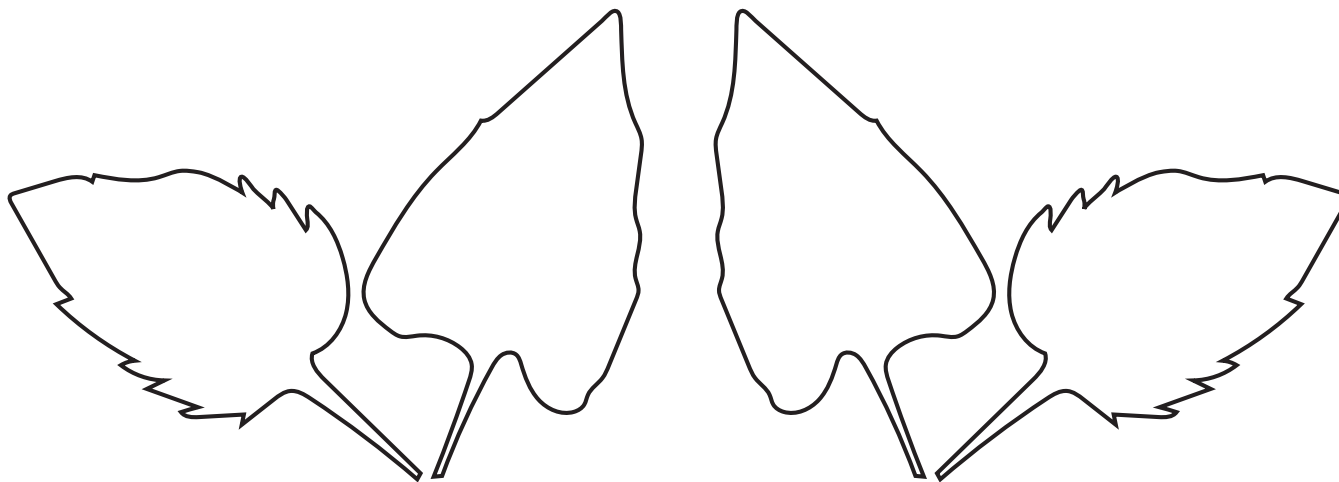


**Artist: Trina Wolfenden**

**Heart-leaved Arnica - *Arnica cordifolia***

**Coloured by: \_\_\_\_\_**

Early season flowers provide food for hungry insects. This pretty yellow flower is toxic if it enters the human bloodstream although dried flowerheads have been used to treat bruises and strains for centuries.



wildsight  
Golden

Please visit:

[www.wildsight.ca/plantawareness](http://www.wildsight.ca/plantawareness)

Art transposed to graphics by:  
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