Food Waste	Date	Food Prep Weight	After Meal Weight	Total Waste
1 st Fridge Clean				
1 st Supper				
2 nd Supper				
3 rd Supper				
4 th Supper				
5 th Supper				
6 th Supper				
2 nd Fridge Clean				



JUST EAT IT FOOD WASTE LOG SHEET

Food Waste	Date	Weight	Waste Reason	Method of Disposal	Total Waste
Unexpected Waste					
Unexpected Waste					
Unexpected Waste					
Unexpected Waste					
Unexpected Waste					
Unexpected Waste					
Unexpected Waste					
Unexpected Waste					

